



## DBC Newsletter March/April 2018

### Upcoming Events

**Flickster DGAD Birthday Ride**  
**Saturday April 28, 2018**  
**Decatur, Illinois**



**John Flick says:** The Flickster birthday ride has been a longstanding tradition with the DBC. For years it was known as the Nifty Fifty Ride until we lost count of the anniversaries. Despite my age, this old guy still rides. What keeps me going is attitude. I just doesn't give a damn (DGAD).

So if you don't give a damn (or even if you do), this is the ride for you. Join us on Saturday, April 28, 8:30 at 3710 Sims Drive. Lunch will be around 11. Non-riders are welcome.

Remember, if you have complaints about the ride, don't see me because I just don't...

(For more information about the ride contact [John Flick at 217-876-1729](#))

## Event at Lincoln Trails State Park



# Programs

At  
**Lincoln Trail Homestead State Park**

**April, 22, 2pm - Wildflower Discovery Walk** - We will explore the floodplain of the Sangamon River, looking for the type of lovely spring wildflowers Lincoln would have known.

**May 5, 1 p.m. - Illinois State Bird Census** - Assist with the Illinois State Bird Count while enjoying the beautiful area where the Lincolns first lived in Illinois

**June 9 - 3rd Annual Lincoln Trail Homestead Homecoming**  
- *Celebration on the Sangamon*

**9am - Canoe/Kayak Float Trip** - This adventurous group will put in at Wyckles Road and float to the park. You must have your own boat.

**12 p.m.— 2 p.m. - Cookout and Music** - Join us for a cookout and music for a relaxing afternoon.



Check out our Facebook page for more information and list of programs for July through October.

Friends of the Lincoln Trails State Park are welcoming the DBC to stop by Lincoln Trails State Park for lunch, and to help celebrate the Third Annual Lincoln Trail Homestead Homecoming on June 9, 2018. Bikers can make it there noontime destination for a celebratory cookout and music.

## Jim and Laura Bickers Weekly Rides

Laura and Jim have been doing weekly rides with several other regular enthusiasts. Laura says they usually start at the Bickers' house at 1335 Ravina Park Rd. on Mondays at 7 am, and ride through the country to Warrensburg to eat breakfast and then ride back. On Wednesdays the riders meet 7 am at the parking lot next to Jimmy John's near Rural King and bike to Cerro Gordo, also for breakfast. However this schedule is subject to suggestion and change, and is verified by telephone. All riders are welcome to join the group, often at an easy a leisurely pace. Faster ones of course can come and wait occasionally or do extra loops. For more information, [contact Laura at 877-7586](tel:877-7586).

## April 2018 Schedule of Rides\*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7 Spin City Cycles 7-A/7-B/ 8a.m.-C
8	9	10 <b>Meeting 7 p.m. First Congreg ational Church 3465 N McArthur Rd</b>	11	12 8:30 am Rock Springs Chuck Ramsey leads (about 30 miles)	13	14 Same as above  <a href="#">Beautiful Southern Ride</a>
15	16 <a href="#">Whitmore Park</a> John Flick leads 876-1729 6 p.m.	17	18 Sure & Steady Ride 6pm Pop's Place	19 Same as above.	20 TGIF ride Jim Johnson <a href="#">4315 Hartung Rd.</a>	21 Same as above
22	23 Same as above	24	25 Same as above	26 Same as above	27 Same as above	28 DGAD Ride (22nd Nifty Fifty Ride) 3710 Sims Dr 8:30am 876-1729
29	30 Same as above					

- \* Be sure to check the DBC website for more information on scheduled monthly club rides, a listing of club officers, contact information and a club registration form:

# Ask the Geezer



*Dear Geezer,*

I heard some people at the bike shop talk about the Q factor of their bicycles. What is Q factor all about?

*No Clue About Q*

*Dear Clueless,*

First, the Q stands for Quack. This is a reference to a duck, or more specifically to the undercarriage of a duck. You are wondering what the waddling of a duck has to do with cycling.

Ok, Q factor is a mathematical formula. It uses variables, such as: crank arm length, pedal width, and bottom bracket distance to the ground. The result determines how much lean you can use in a corner before the pedal will hit the ground and causes you to incur road rash. Hence you have the duck waddle analogy.

Actually I am not much of a Q factor guy. If I am in a "high lean" situation, I am likely to stop the bike, dismount, pick up the frame and point it in the right direction, and then takeoff. I am fairly certain that any sane duck riding a bicycle would do the same.

*Geezer*

# Final Note

Please submit comments, suggestions, and any advice on how this newsletter can be improved or modified to:

[argross@gmail.com](mailto:argross@gmail.com)

— *Arthur Gross*