

October 2016

DBC Newsletter

Volume 4, Issue 9



2017 Officers

The current slate of officers were nominated for 2017. They are:

Daron Drake	President
Ralph Czerwinski	Vice-president
Judi Carpenter	Secretary
Dave Carpenter	Treasurer and Membership
Jim Johnson	Arthur Ride Coordinator

Other nominations will be accepted prior to the October meeting. Voting will be held at the October 11th meeting 6pm at Pop's Place..

Newsletter Editor

We are looking for someone to take over the DBC Newsletter and give it a fresh look.

Contact John Flick, 217-876-1729 or email to newsletter@decaturbicycleclub.org

Amish Country Ride

Due to prior commitments, the report on the Amish Country Ride will not be published until the Nov/Dec issue of the DBC Newsletter.

Ride Illinois

You can check out the latest Ride Illinois news by clicking on this link:

[Ride Illinois Website](#)

Riders of the Great Corn Desert



Enjoy the ice cream rides while you still can.

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Riding to CCC

by John Flick

I have done the Capital City Century in Springfield for many years. For the last seven or eight years, I have elected to ride from Decatur to the CCC start. Of course, I get a car ride back to Decatur, I haven't gone completely over the edge.

For me, the best part of the day was the early morning 50 mile ride. I left home at 6am with lights on, since the sun was not quite up yet. I zig-zaged to Mt. Auburn Road, which is devoid of traffic on early Sunday mornings. I liked the brisk air, the long shadows, and the occasional patches of fog. There was little wind this year, so I had no trouble keeping a steady pace.

I used to like the old route to the CCC start at the Beach House, but now I like the route to the Knights of Columbus Hall even more.

That is because I travel on the bike trail between Rochester and Springfield. Most of the trail is below grade of the accompanying highway and it is surrounded with lots of trees and vegetation. It is just a nice trail. It goes under the I55/I72 highway and dumps me out in the Department of Transportation parking lot.

Making my way across the north side of Springfield was not a big deal. There are lots of side streets and many of the major roads have painted bike lanes. I arrived at the K of C shortly after 9.

Then I did the CCC 40, had lunch and rehydrated with some local lagers. The last leg of the trip was 12 miles to my son's house. I made my way to the Wabash Trail and onto the Interurban Trail and then I was just about there.

All in all, it was good day; especially the early morning trek.



DBC Holiday Party

Deb Slayton has sent the invitations (forwarded to your email) for the party to be held at the Decatur Club on Friday, Dec. 2, from 6 to 9:30. Contact Deb at dslayton@millikin.edu after you have completed the holiday checklist

Windmills

If you are riding North, up on School Road, there is a lot of excavation being done. It looks like the windmills are coming.



Trans Canada Trail

They call it "The Great Trail," and as Canada nears its 150th anniversary of confederation next year, the Trans Canada Trail now stands 87% complete in its quest for completion before the big sesquicentennial celebration in 2017.

The Trans Canada Trail is the world's longest network of recreational trails. It began construction in 1992. When fully connected, the Trail will stretch 24,000 kilometres from the Atlantic to the Pacific to the Arctic oceans.

It's not purely a cycling trail, of course, but one could imagine the ability to ride to your heart's content across some breathtaking landscape. Over 13,000 miles (almost 15,000 when it's done) should provide ample track! See the graphic below of where the trail currently stretches. And you can check out this [interactive map](#) online.



You can see that trail goes through Regina, Saskatchewan, which is the home of DBC members, Richard and Sharon Berard. Stop by Richard's house and he might give you a beer.



Prairie Pedal

The Prairie Pedal, which is a DBC sponsored ride, will be on Sunday, September 25.



Dear Geezer,

Recently I had a spoke break on a ride. Fortunately I had not ridden very far and I could walk home.

What should I do if a spoke breaks and I am not close to home?

Broken Spoke and Walking

Dear Broke and Walking,

Back in the old days, wheels used to have 36 spokes. In these modern times, you can find configurations with 24 to 48 spokes. They come in steps of 4. Anyway, if you have less than 36 (you might be able to skate by with 32 spokes) and a spoke breaks, you are probably in trouble. The wheel will not support your weight and the bike will be unrideable. So if insist on riding with the fancy aero-wheels, carry a cell phone and have someone pick you up. Or it could be a very long walk home.

If you are riding on a 36 spoke wheel and one spoke breaks, the remaining 35 should carry the load. To avoid further damage, the best thing to do is remove the spoke. If that is not possible then zip tie or duct tape the broken spoke to one of the good ones. Your wheel is going to be out of true, so it is going to wobble. Open up the brake caliper to prevent brake rubbing.

It has been my experience that one broken spoke is the symptom of a wheel disease. I would recommend that you take the wheel to your local bike shop and have them rebuild the wheel with new spokes. This should hopefully avoid any additional road angst.

Mileage

	August	2016 YTD
Jessica Disbrow	188	1497
Donald White	129	1307
Jim Bickers	304	1659
Laura Bickers	430	2307
Dorothy Miller	589	2589
Norma Back	258	2195
Keith Back	234	2892
Terry Hogg	254	2212
Kevin Brobst	293	2353
Bob Disbrow	154	1208
Clifford Davis	296	1688
Walt Lohman	470	1431
Jim Johnson	108	997
Chuck Ramsey		1998

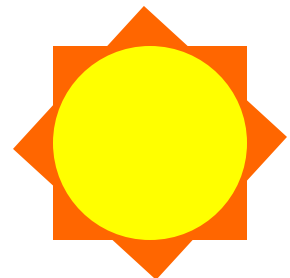
Remember to send your mileage to Laura Bickers by the **tenth of the month**. Her email address is:



thefarm56@att.net

or email to:

mileage@decaturbicycle.org



Calendar

October 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Spin City Cycles 7-A/7-B/8a.m.-C
2 Pumpkin Pie Ride	3	4	5 Cyclocross Spin City Cycles 5:30 p.m. (Check Face- book)	6	7 Dining Abe's Hideout Mechanicsburg	8 Same as above GITy Up
9	10	11 Meeting Pop's Place 6 p.m.	12 Same as above	13	14 Dining Mama Chan's Mowequa	15 Same as above Monticello Ride
16	17	18	19 Same as above	20	21 Dining Crawford's Pizza Maroa	22 Same as above Hilly Hundred
23	24	25	26 Same as above	27	28 Dining Ted's Garage Clinton	29 Same as above
30	31					

Friday Night Dinner Schedule prepared by Chuck Ramsey
 Dinners at 6 p.m. (unless otherwise noted)
 Check Facebook for more information

Our Website is decaturbicycleclub.org

Send your articles, pictures, comments, and questions to:
newsletter@decaturbicycleclub.org



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